

Lorraine E. Fox, Ph.D.



Lorraine holds a doctorate in clinical psychology, a doctoral certificate organizational development, and is a Certified Child Care Worker. She walked into the world of child and youth care in September of 1964 and found her career home working

with children and youth who were declared "emotionally disturbed" as a result of abuse and neglect. Lorraine has been a direct service worker, supervisor, clinical director, Executive Director and Assistant Professor. Finding work that has never stopped being challenging, kids and families worth loving, and wonderful colleagues to work beside, both nationally and internationally she shared her work, love and life with a like-hearted soul-mate. She has trained and consulted across the United States and in Australia, Canada, Guam, England, Scotland and Czechoslovakia. In addition to extensive work with private service agencies, Lorraine is a contract instructor with the University of California, Davis, and the San Diego State University Foundation, training public service employees serving welfare and child protective clients and their community partners. In addition, Lorraine has a long standing relationship with the California Community Colleges Foster and Kinship Care Education Programs. She was awarded the Outstanding Service Award for Excellence in Teaching by the UC-Davis. Lorraine has published numerous scholarly articles, writes a monthly Parenting column for her church newsletter, and co-authored an internationally recognized training curriculum. Lorraine has appeared on radio and television in the U.S., Canada, and Australia and has been a consulting editor for the Journal of Child and Youth Care.

Thursday, September 29th, 2016

Ramada Viscount Gort Hotel

(main floor)

1670 Portage Ave.

9:00a.m. – 4:00p.m.

- Registration begins at 8:30a.m.
- Registration fees include morning snack and refreshments
- Lunch not included
- Free parking
- Please send registration forms and payment to the address below

*registration fees non-refundable.
Substitutions may be made at any time
by e-mailing info@cycwam.ca

****Registration deadline:
Friday, September 23rd, 2016**



**The Child and Youth
Care Workers'
Association of Manitoba**

850-B Pembina Hwy.
Winnipeg, MB R3M 2M7

info@cycwam.ca
www.cycwam.ca

Lorraine Fox

**DEALING WITH
SECONDARY TRAUMATIC
STRESS, VICARIOUS
TRAUMATIZATION AND
COMPASSION FATIGUE IN
THE HELPING
PROFESSIONS**



Thursday, September 29th, 2016

Ramada Viscount Gort Hotel

1670 Portage Ave.

9:00a.m. – 4:00p.m.

DEALING WITH SECONDARY TRAUMATIC STRESS, VICARIOUS TRAUMATIZATION AND COMPASSION FATIGUE IN THE HELPING PROFESSIONS

During this workshop we will explore issues related to the development of symptoms in workers in the helping professions which are referred to in various terms, including: compassion fatigue, secondary traumatic stress disorder, and vicarious traumatization. While each of these is sometimes described slightly differently, there are many underlying characteristics that are similar. We will describe each of these problems, and distinguish between them. In addition, we will explore specific risk factors for workers dealing with troubled and traumatized children, youth and families.

LEARNING OBJECTIVES

- Outline professional positions containing risks for secondary stress disorders
- Identify the biological components of stress and they affect professional performance
- Be able to recognize three major contributors to the stress response
- Distinguish between crisis, acute trauma and secondary post-traumatic stress
- Be able to explain differences between different secondary stress responses, including: compassion fatigue, secondary traumatic stress, and vicarious traumatization
- Recognize the specific risk factors for developing secondary stress disorders
- Become aware of indicators of compassion fatigue, vicarious trauma and secondary stress
- Understand the impact of work team functioning and stress problems in the workplace
- Learn one's personal styles of coping with stress and their impact on well being
- Develop a plan for preventing secondary stress disorders

REGISTRATION FORM

Name

Agency/Organization

Address

City

Province

Postal Code

Phone

E-mail

REGISTRATION FEES

Registration Category	Cost	✓
NON-MEMBER	\$200	
MEMBER <small>*include copy of membership card</small>	\$125	
STUDENT <small>*include copy of student card</small>	\$100	

*membership cost \$60 – visit www.cycwam.ca for membership form & submit with registration form for member rate

*for group rates of 5 or more e-mail info@cycwam.ca

Cheque Enclosed
(payable to CYCWAM)

Invoice Agency/Organization

Attn: _____

E-Transfer
(e-mail info@cycwam.ca for instructions)