

# At Home Activity Ideas

FOR NURSERY AND KINDERGARTEN

## Sensory/ Science

### Baking soda volcanos

- Place container on a pan or in a bowl
- Mix 1 cup vinegar with food coloring of choice (food coloring optional)
- Pour in 3-4 tbsp. of baking soda

### Making playdough

- See two recipes attached below

### Cooking with children

- Cooking anything with children is a great activity in any curriculum area.
- Simple recipes could be: spaghetti and sauce, bannock, cookies, scrambled eggs, fruit salad.

### Quick slime

- 1 cup cornstarch
- Slowly add in ½ cup water (you may not need all the water)
- Add in food coloring
- Mix everything together (this can be very messy, so have a tablecloth or apron)

### Melting ice

- Freeze ice cubes
- Put ice cubes in a bowl
- Pour a tablespoon of salt on to the ice and watch what happens to the ice

### Paper airplanes

- Use an 8 x 11 piece of paper (printer size) and follow the directions attached below

Talk with your child throughout activities. Ask questions like:

- What do you think will happen?
- What was your favorite part?
- What part do you need help with?

## LANGUAGE AND LITERACY

### ABC hunt

- Print out the letters attached below or write letters on paper and cut them out
- Hide the letters throughout the house and have your child look for them. Ask the child to identify the letters as they find them (they may need hints or help)

### Name puzzle

- Write down a child's name
- Cut out the letters with the child
- Have the child put the letters in the correct order (they may need hints or help) or try spelling new words

### Rhyme game

- Print out pictures attached below or gather objects that rhyme (dog, frog, block, rock, shoe, something blue)
- Lay out 3 items (2 that rhyme, 1 that doesn't)
- Point and say the name of each object
- Ask the child which 2 sound the same (they may need hints or help)

### I spy

- Play I spy with the child and encourage them to use descriptive language

### Songs

- Choose from the songs below or sing your own favorites

### Story

- Read your favorite books together or listen to an online reading
- <https://classroommagazines.scholastic.com/support/learnathome/grades-prek-k.html>

Talk with your child throughout activities. Ask questions like:

- What do you think will happen?
- What was your favorite part?
- How can we figure this out?

## MATH

### Counting

- Count how many (plates, bowls, forks, spoons, crayons etc.) are in the house
- Count forward and backwards

### Toy comparisons

- Gather toys and line them up in size order (biggest to smallest, smallest to biggest)
- Put toys together in groups (animals, same colours, ones that make sound, etc.)

### Patterns

- Use toys or other objects to make a pattern (crayon, spoon, crayon etc.,)

### Shape hunt

- Find shapes throughout the house
- Where is a circle? Triangle? Square? Etc.

### Find it

- Have the child gather similar objects (Ex. Find 5 toy cars, find 3 things that are blue)

## ART

### Ice cube paint

- Freeze ice cubes with food coloring
- Take the ice cubes out and paint with them as they melt

### Necklaces

- Make necklaces out of fruit loops/ cheerios and string
- Turn this into math by counting or making a pattern

### Shaving cream rainbow

- Spray shaving cream into a Ziploc bag
- Add in different colors with food coloring
- Close bag and squish colors together

## PLAY DOUGH RECIPES

### NO COOK PLAY DOUGH RECIPE #1

1 cup flour

¼ cup salt

3 tsp vinegar or lemon juice

2 tbsp. oil

½ cup of hot water

\*food coloring (optional)

#### Method:

1. In a large bowl, mix flour and salt together with a large spoon.
2. If using food coloring, add to water before adding to dry ingredients.
3. Stir in vinegar, oil and water to dry ingredients until combined and becomes a sticky dough.
4. Remove dough from bowl and knead with extra flour until no longer sticky and becomes play dough consistency.

### NO COOK PLAY DOUGH RECIPE #2

2 cups flour

½ cup salt

2 tbsp. cream of tartar

2 tbsp. oil

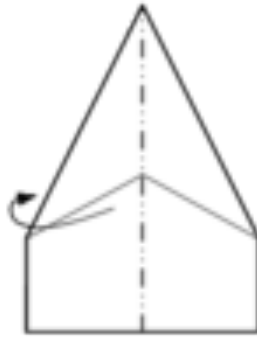
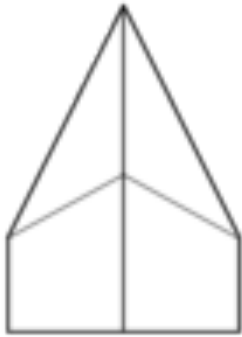
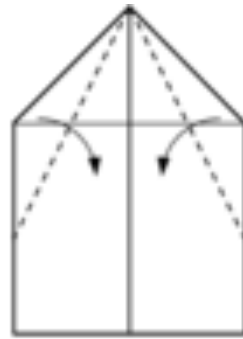
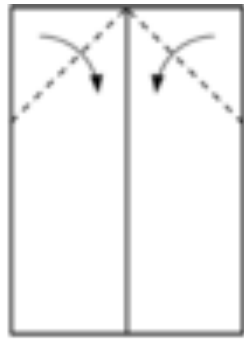
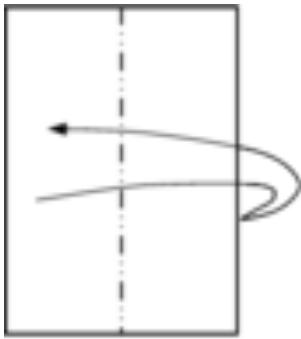
1 cup hot water

\*food coloring (optional)

#### Method:

1. In a large bowl, mix flour, salt, and cream of tartar together with a large spoon.
2. If using food coloring, add to water before adding dry ingredients.
3. Stir in oil and water to dry ingredients until combined and becomes a sticky dough.
4. Remove dough from bowl and knead with extra flour until no longer sticky and becomes play dough consistency.

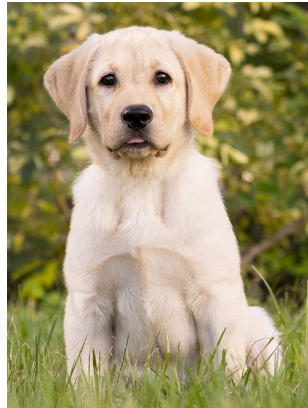
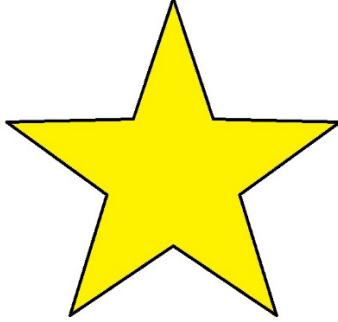
# PAPER AIRPLANE DIRECTIONS



ALPHABET

A	B	C	D	E	F
G	H	I	J	K	L
M	N	O	P	Q	R
S	T	U	V	W	X
Y	Z				

RHYME PICTURES





## SONGS

### Itsy Bitsy Spider

The itsy-bitsy spider  
Climbed up the water spout  
Down came the rain  
And washed the spider out  
Out came the sun  
And dried up all the rain  
And the itsy-bitsy spider  
Climbed up the spout again

### Apples and Bananas

I like to eat, eat, eat apples and bananas  
I like to eat, eat, eat apples and bananas

A

A lake to ate, ate, ate ay-ples and ba-nay-nays  
A lake to ate, ate, ate ay-ples and ba-nay-nays

E

E leke to eat, eat, eat ee-ples and bee-nee-nees  
E leke to eat, eat, eat ee-ples and bee-nee-nees

I

I like to ite, ite, ite i-ples and by-ny-nys  
I like to ite, ite, ite i-ples and by-ny-nys

O

O loke to ote, ote, ote oh-ples and bo-no-nos  
O loke to ote, ote, ote oh-ples and bo-no-nos

U

U luke to oot, oot, oot oo-ples and boo-noo-noos  
U luke to oot, oot, oot oo-ples and boo-noo-noos

### Open Shut Them

Open, shut them  
Open, shut them  
Give a little clap, clap, clap!  
Open, shut them  
Open, shut them  
Lay them in your lap, lap.  
Creep them crawl them , creep them crawl them  
Right up to your chin, chin  
Open up your little mouth  
But do not let them in!