At Home Activity Ideas
FOR NURSERY AND KINDERGARTEN
Sensory/ Science

**Baking soda volcanos**

- Place container on a pan or in a bowl
- Mix 1 cup vinegar with food coloring of choice (food coloring optional)
- Pour in 3-4 tbsp. of baking soda

**Making playdough**

- See two recipes attached below

**Cooking with children**

- Cooking anything with children is a great activity in any curriculum area.
- Simple recipes could be: spaghetti and sauce, bannock, cookies, scrambled eggs, fruit salad.

**Quick slime**

- 1 cup cornstarch
- Slowly add in ½ cup water (you may not need all the water)
- Add in food coloring
- Mix everything together (this can be very messy, so have a tablecloth or apron)

**Melting ice**

- Freeze ice cubes
- Put ice cubes in a bowl
- Pour a tablespoon of salt on to the ice and watch what happens to the ice

**Paper airplanes**

- Use an 8 x 11 piece of paper (printer size) and follow the directions attached below

Talk with your child throughout activities. Ask questions like:

- What do you think will happen?
- What was your favorite part?
- What part do you need help with?
LANGUAGE AND LITERACY

ABC hunt

- Print out the letters attached below or write letters on paper and cut them out
- Hide the letters throughout the house and have your child look for them. Ask the child to identify the letters as they find them (they may need hints or help)

Name puzzle

- Write down a child’s name
- Cut out the letters with the child
- Have the child put the letters in the correct order (they may need hints or help) or try spelling new words

Rhyme game

- Print out pictures attached below or gather objects that rhyme (dog, frog, block, rock, shoe, something blue)
- Lay out 3 items (2 that rhyme, 1 that doesn’t)
- Point and say the name of each object
- Ask the child which 2 sound the same (they may need hints or help)

I spy

- Play I spy with the child and encourage them to use descriptive language

Songs

- Choose from the songs below or sing your own favorites

Story

- Read your favorite books together or listen to an online reading

Talk with your child throughout activities. Ask questions like:

- What do you think will happen?
- What was your favorite part?
- How can we figure this out?
MATH

Counting

- Count how many (plates, bowls, forks, spoons, crayons etc.) are in the house
- Count forward and backwards

Toy comparisons

- Gather toys and line them up in size order (biggest to smallest, smallest to biggest)
- Put toys together in groups (animals, same colours, ones that make sound, etc.)

Patterns

- Use toys or other objects to make a pattern (crayon, spoon, crayon etc.,)

Shape hunt

- Find shapes throughout the house
- Where is a circle? Triangle? Square? Etc.

Find it

- Have the child gather similar objects (Ex. Find 5 toy cars, find 3 things that are blue)

ART

Ice cube paint

- Freeze ice cubes with food coloring
- Take the ice cubes out and paint with them as they melt

Necklaces

- Make necklaces out of fruit loops/ cheerios and string
- Turn this into math by counting or making a pattern

Shaving cream rainbow

- Spray shaving cream into a Ziploc bag
- Add in different colors with food coloring
- Close bag and squish colors together
PLAY DOUGH RECIPES

NO COOK PLAY DOUGH RECIPE #1

1 cup flour
¼ cup salt
3 tsp vinegar or lemon juice
2 tbsp. oil
½ cup of hot water
*food coloring (optional)

Method:
1. In a large bowl, mix flour and salt together with a large spoon.
2. If using food coloring, add to water before adding to dry ingredients.
3. Stir in vinegar, oil and water to dry ingredients until combined and becomes a sticky dough.
4. Remove dough from bowl and knead with extra flour until no longer sticky and becomes play dough consistency.

NO COOK PLAY DOUGH RECIPE #2

2 cups flour
½ cup salt
2 tbsp. cream of tartar
2 tbsp. oil
1 cup hot water
*food coloring (optional)

Method:
1. In a large bowl, mix flour, salt, and cream of tartar together with a large spoon.
2. If using food coloring, add to water before adding dry ingredients.
3. Stir in oil and water to dry ingredients until combined and becomes a sticky dough.
4. Remove dough from bowl and knead with extra flour until no longer sticky and becomes play dough consistency.
SONGS

Itsy Bitsy Spider

The itsy-bitsy spider
Climbed up the water spout
Down came the rain
And washed the spider out
Out came the sun
And dried up all the rain
And the itsy-bitsy spider
Climbed up the spout again

Apples and Bananas

I like to eat, eat, eat apples and bananas
I like to eat, eat, eat apples and bananas
A
A lake to ate, ate, ate ay-ples and ba-nay-nays
A lake to ate, ate, ate ay-ples and ba-nay-nays
E
E leke to eat, eat ee-ples and bee-nee-nees
E leke to eat, eat ee-ples and bee-nee-nees
I
I like to ite, ite, ite i-ples and by-ny-nys
I like to ite, ite, ite i-ples and by-ny-nys
O
O loke to ote, ote, ote oh-ples and bo-no-nos
O loke to ote, ote, ote oh-ples and bo-no-nos
U
U luke to oot, oot, oot oo-ples and boo-noo-noos
U luke to oot, oot, oot oo-ples and boo-noo-noos

Open Shut Them

Open, shut them
Open, shut them
Give a little clap, clap, clap!
Open, shut them
Open, shut them
Lay them in your lap, lap.
Creep them crawl them , creep them crawl them
Right up to your chin, chin
Open up your little mouth
But do not let them in!