

Date: **Nine things to do at Home Daily**

Name:

## COVID-19

**You can't do all of them but it will be fun trying...**

<p><b>Find a long word every day to see how many words you can make from it.</b></p> <p><b>Challenge mom, dad or any family member to see how many words they can make up.</b></p> <p><b>Example</b></p> <p><b>Monday: sunflower</b></p> <p><b>Tuesday: explanation</b></p> <p><b>Wednesday: definition</b></p> <p><b>Thursday: information</b></p> <p><b>Friday: environmental</b></p>	<p><b>Go outside daily</b></p> <p><b>Walk 15 minutes to a destination and walk 15 minutes back. Get mom, dad or family members to go with you.</b></p>	<p><b>Find an object any kind of object and write about it or draw it in your journal.</b></p> <p><b>Monday: picture</b></p> <p><b>Tuesday: a bag chips</b></p> <p><b>Wednesday: a toy</b></p> <p><b>Thursday: a friend</b></p> <p><b>Friday: a television or anything you can think about.</b></p> <p><b>Then write 4 good sentences to describe it.</b></p>
<p><b>Read a short story each day</b></p> <ol style="list-style-type: none"><li><b>1. What is main Idea</b></li><li><b>2. Circle the characters and use the back of this sheet and describe them</b></li><li><b>3. Describe what happened in this story.</b></li><li><b>4. What did you learn that you think is important to remember?</b></li></ol>	<p><b>Fun Activities</b></p> <p><b>Monday: Make Paper Airplanes: Learn how to make paper planes and teach your child. Have races.</b></p> <p><b>Tuesday: Word or shape Find: Put sticky notes all over with shapes, words, or numbers. Send your child to find them</b></p> <p><b>Wednesday Toy Hide &amp; Seek Day: Pick a toy to play hide and seek with Hide the pieces for your child to find.</b></p> <p><b>Thursday Playing Card Games: With cards, have</b></p>	<p><b>Community oral discussions daily ideas:</b></p> <p><b>Monday: What kind of plants are in the community</b></p> <p><b>Tuesday: What kinds of trees are the in the community</b></p> <p><b>Wednesday: How many last names can we think of from this community</b></p> <p><b>Thursday: Name all the things we can do in the community</b></p> <p><b>Friday: What are some of our stories or legends?</b></p>

	<p>your child sort by color, suit, &amp; number. Teach a game.</p> <p><b>Friday Make Play Dough:</b> Make some homemade playdough with your child.</p>	
<p><b>Listen and talk about the news</b></p> <p><b>Monday:</b> What was the headline of the day?</p> <p><b>Tuesday:</b> What was the sport talk of the day?</p> <p><b>Wednesday:</b> What did Prime Minister Trudeau say today?</p> <p><b>Thursday:</b> What was the advertisement</p> <p><b>Friday:</b> What will the weather be like for the weekend</p>	<p><b>Land Based</b></p> <p><b>Monday:</b> Family discussion on how we can protect our environment and decide why it's important</p> <p><b>Tuesday:</b> Family explores their own yard and decides how they can cleanse it for the earth</p> <p><b>Wednesday:</b> Family discussion on what plants are important in their community and decide where the plants are growing</p> <p><b>Thursday:</b> What plants are edible in the community and are there any tea plants like chamomile, chickweed, dandelion, ginger root, golden rod, lavender, mint, mullein, pine needles, pineapple weed, sage, wild rose, white tea</p> <p><b>Friday:</b> Go on a nature walk and take some tea to drink, talk about the importance of plants along the way.</p>	<p><b>Story Time read or listen to someone read a short story daily</b></p> <p><b>Monday:</b></p> <p><b>Tuesday:</b></p> <p><b>Wednesday:</b></p> <p><b>Thursday:</b></p> <p><b>Friday:15</b></p>