Language and Literacy Suggestions

Spiritual
- Participate in the community's cultural activities
- Take part in family spiritual rituals, songs, or prayer
- Tell cultural stories

Physical
- Connect to the natural world during outdoor activities together
- Describe locations (e.g., in, under, outside, down, etc.)
- Use gestures, actions, and pointing that match what you are saying
- Provide the child with materials to play and interact with (e.g., paper bag to make puppets). They may need some demonstration to get started
- Spend time seated in a circle, or face-to-face

Cognitive
- Tell stories about your life, family, and community
- Expand on what the child says, adding more words or ideas
- Use new words the child may not know and use them often
- Describe what you are doing, or what the child is doing (e.g., reading, searching)
- Use gestures, actions, and pointing that match what you are saying

Emotional
- Read stories together. Take time to talk about what is happening on each page
- Speak calmly, and take lots of pauses to allow the child to speak
- Play games together, such as I Spy or Go Fish
- Use emotion words to build awareness of feelings (e.g., happy, upset, frustrated)

- Encourage the use of imagination during play and creating. Children may need some ideas or help to get them started.
- Encourage the child to tell their own stories or talk about things that happened to them

- Repeat and emphasize important information
- Talk about things that the child is interested in, or paying attention to
- Look at pictures together (e.g., family photos, magazines)

- If a child says something with the wrong sounds, repeat it back using the correct sounds
- Describe objects, functions, similarities, and differences
- Talk about the order of things (e.g., first, next, then)

- During daily activities such as cooking or cleaning, show the child what you are doing, and describe how you are doing it

- Provide the child with materials to play and interact with (e.g., paper bag to make puppets). They may need some demonstration to get started
- Spend time seated in a circle, or face-to-face

- Use new words the child may not know and use them often
- Encourage the child to tell their own stories or talk about things that happened to them
- Use emotion words to build awareness of feelings (e.g., happy, upset, frustrated)