


## Nursery Week 1 Learning Experiences Chart

Development Area	Learning Experience Name	Materials	Description	Link for Reference (if necessary)
Language and Literacy	1. Find Your Letter	Paper, pen	Write down a bunch of letters on a large piece of paper. Have your child search to find the one that starts their name and collect it or circle it.	<a href="https://www.dayswithgrey.com/blog/find-your-name-breakfast-invitation">https://www.dayswithgrey.com/blog/find-your-name-breakfast-invitation</a>
	2. Letters in the Cupboard	Food containers in the cupboard	Have your child start with the letter A and find something in the cupboard with that letter. Go through the entire alphabet looking on food packages.	
Numeracy	1. Making Patterns	5 items in the house that are red, 5 items in the house that are blue	Gather the objects. Make a pattern (ex. 1 red, 1 blue, 1 red, 1 blue) and have your child continue the pattern. Continue to make patterns or have your child make some on their own.	
	2. What is....?	Random objects around the house	Ask the question "What is 1 thing we have in the house?" Then have the child point out that item. Then ask "What are 2 things we have in the house?" and continue up to number 10.	
Curiosity (Science)	1. Nature Scavenger Hunt	A list or pictures of nature objects written down, a pencil/crayon	Go outside and see if the children can find all the items listed on the list when walking around.	<a href="https://www.therm.co.nz/blogs/outdoor-activities-boredom-busters/nature-scavenger-hunt-printable">https://www.therm.co.nz/blogs/outdoor-activities-boredom-busters/nature-scavenger-hunt-printable</a>

<b>Curiosity (Science)</b>	2. Build a Fort	Blankets, Pillows, Furniture	Encourage children to try to build a fort. Have them make a plan and decide where to put blankets and pillows and which furniture to use.	
<b>Social - Emotional</b>	1. The Feelings Book	Phone or tablet	Watch the reading of the feelings book on youtube. Act out the feelings that are described.	<a href="https://www.youtube.com/watch?v=9a9pgV9P8ek">https://www.youtube.com/watch?v=9a9pgV9P8ek</a>
	2. Sock Basketball	A laundry basket or other container, socks	Take socks and roll them into a ball. Put the basket on one side of the room and stand on the other. Have children throw the socks to try and land in the basket. Encourage taking turns, so child throws first, then someone else, then child again.	
<b>Self-Help/Adaptive</b>	1. Choosing Clothes	Children's clothes	Before bedtime, have children pick out the clothes they want to wear the next day and lay them out.	
	2. Clean up the Table	This will take place after eating a meal, so dirty dishes on the table are needed.	Encourage children to help clean up the table after a meal. Have them carry plates, cups or cutlery to the kitchen sink. Can be done 1 at a time or 2-3 items at once.	
<b>Physical/Motor</b>	1. Free Dancing	Music of all kinds, music player (phone, tablet, etc.)	Play music of different speeds or genres and have fun dancing in different creative ways.	
	2. Body Balance	Timer on phone or watch	Start the timer and see how long children can stand on one leg. Then switch and do the other leg. Variations: hopping, jumping, yoga moves, etc.	

<b>Creativity</b>	1. Water Painting	Container of water, paintbrush/toothbrush/leaves or sponge	Go outside and make pictures using the water. Can draw on rocks, ground, side of house, etc.	
	2. Nature Picture	Natural materials (stones, sticks, leaves, grass, etc.)	Go outside and collect some natural materials. Make some creative pictures on the ground.	
<b>Spiritual</b>	1. Tell a Family Story	No materials needed	Sit with children and tell a story of something that has happened in the family this past year. (ex. A special celebration, birthday, a fun day, trip, memory)	
	2. Nature Beauty Walk	No materials needed	Go for a walk outside. Ask children to point out things they find beautiful (ex. Flowers, rivers, animals, clouds, trees).	
<b>Learning Every Day (Laundry)</b>	1. Matching Socks	Washed and dried socks	Have children take a sock and match it to its pair.	
	1. Naming Colours	Clothes going in or out of the laundry	Have children call out the colour of clothes in the laundry.	