

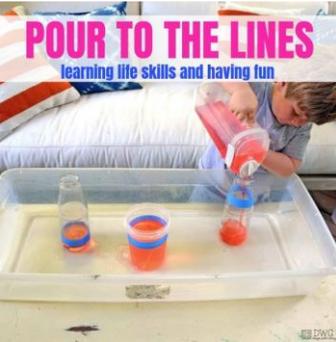
### Nursery Week 4 Learning Experiences Chart

Development Area	Learning Experience Name	Materials	Description	Link for Reference (if necessary)
<b>Language and Literacy</b>	1. Syllable Jump	No materials needed.	Using the names of people in your family, say the name slowly while jumping up and down for each syllable (ex. Memory = 3 jumps, one on mem, one on or and one on y). Can also try clapping or stamping the syllables.	
	2. Phone a Friend	Telephone	Talk with your child about someone they want to talk to that is not in the same house. Use a phone to call that person and encourage your child to say hello and chat about their day.	

**Numeracy**

<p>1. Muffin Tin Sorting</p>	<p>Muffin tin, Random objects around the house</p>	<p>Give your child a muffin tin and ask them to place different types of objects in the cups. You could ask for different colours, different shapes, number of items, light or heavy items, etc.</p>	
<p>2. Cornstarch Magic</p>	<p>Bowl, Cornstarch, Water</p>	<p>Take a bowl and place cornstarch in it. Pour small amounts of water in at a time and mix to see what happens. Have your child guess how much water they will need and talk about what happens with small or large amounts of water. Use your hands to play with the messy mixture.</p>	<p><a href="https://www.youtube.com/watch?v=XbWBkwM1WAI">https://www.youtube.com/watch?v=XbWBkwM1WAI</a></p>

<b>Curiosity (Science)</b>	1. Heavy and Light	Hanger, String, Paper cups, Rocks	Tie a string to a paper cup. Do the same to the other cup. Hang the cups on both sides of a hanger and place the hanger on the wall or in a closet. Have your child find rocks and place them in both cups to see which one is heavier and lighter.	
	2. Make a Band	Plastic Tupperware, Bowls, Wooden/Plastic Spoons	Gather household materials and play music together.	<a href="https://www.youtube.com/watch?v=a2qyNjQTnLw&amp;t=6s">https://www.youtube.com/watch?v=a2qyNjQTnLw&amp;t=6s</a>
<b>Social – Emotional</b>	1. Have a Tea Party	Cups, Plates, Spoons, Stuffed Animals, Tea/Juice/Water, Napkins, Dress up clothes	Encourage children to dress up and have a tea party. Get them to set the table and invite family members or stuffed animals. Engage in conversation with children.	

<p><b>Social - Emotional</b></p>	<p>2. All About Me</p>	<p>Paper, Drawing utensils (ex. Crayons, markers, pencil)</p>	<p>Have a conversation with children about their interests, likes and favourite items. Have them draw the items you were talking about to create an all about me wall hanging.</p>	
<p><b>Self-Help/Adaptive</b></p>	<p>1. Pour to the Line</p>	<p>Pitcher, containers of different sizes, water, tape</p>	<p>Take some containers and put a ring of tape on the outside of them at different heights. Give your child a pitcher of water. Have them pour the water until it reaches the tape line on the container.</p>	
	<p>2. Hand Washing Song</p>	<p>Sink, soap and water</p>	<p>Sing the "Hand Washing" song while washing hands.</p>	<p><a href="https://www.youtube.com/watch?v=kJhWI1LLz5Q">https://www.youtube.com/watch?v=kJhWI1LLz5Q</a></p>
<p><b>Physical/Motor</b></p>	<p>1. Two Little Hands</p>	<p>No materials needed.</p>	<p>Sing the "Two Little Hands" action song.</p>	<p><a href="https://www.youtube.com/watch?v=a2qyNjQTnLw&amp;t=6s">https://www.youtube.com/watch?v=a2qyNjQTnLw&amp;t=6s</a></p>
	<p>2. Pizza Stretch</p>	<p>No materials needed.</p>	<p>Sit with legs in a V shape and mimic making pizza.</p>	<p><a href="https://fitkidshealthykids.ca/node/692">https://fitkidshealthykids.ca/node/692</a></p>

<b>Creativity</b>	1. Back and Forth Drawing	Paper and pencil	Have a piece of paper. Draw a shape on the paper then hand it over to your child. Tell them to add something to the drawing then pass it back when they are finished. Continue passing the paper back and forth adding new items to the drawing.	<a href="https://www.youtube.com/watch?v=n5fs09X48L8">https://www.youtube.com/watch?v=n5fs09X48L8</a>																									
	2. Making Masks	Paper, pencil, markers, scissors, rubber bands	Have children create their own face mask.																										
<b>Spiritual</b>	1. Act of Kindness	Art materials (if drawing a picture)	Talk to your child about what they like about other people in the house. Encourage them to go and tell that person or draw them a picture about how they feel.	<p style="text-align: center;"><b>Acts of Kindness</b> <i>Ideas for Preschoolers by NaturalBeachLiving.com</i></p> <table border="1" style="width: 100%; text-align: center; font-size: small;"> <tr> <td>Let a sibling go first! 1</td> <td>Say something nice to someone 2</td> <td>Do a chore without being asked 3</td> <td>share 4</td> <td>Play with someone new 5</td> </tr> <tr> <td>Pick up trash without being asked 6</td> <td>Say sorry if you do something wrong 7</td> <td>smile at someone 8</td> <td>Put a dollar on a vending machine 9</td> <td>HOLD THE DOOR FOR SOMEONE 10</td> </tr> <tr> <td>Make a care package 11</td> <td>say "good job!" 12</td> <td>Give someone a flower 13</td> <td>Say hi to someone 14</td> <td>Volunteer 15</td> </tr> <tr> <td>Write a nice letter 16</td> <td>GIVE a hug 17</td> <td>Color a picture for someone 18</td> <td>Say "thank you" 19</td> <td>Make a handmade gift 20</td> </tr> <tr> <td>Leave a thank you note 21</td> <td>Clean up without being asked 22</td> <td>GIVE A COMPLIMENT 23</td> <td>Let someone else go first 24</td> <td>Say "I love you" 25</td> </tr> </table>	Let a sibling go first! 1	Say something nice to someone 2	Do a chore without being asked 3	share 4	Play with someone new 5	Pick up trash without being asked 6	Say sorry if you do something wrong 7	smile at someone 8	Put a dollar on a vending machine 9	HOLD THE DOOR FOR SOMEONE 10	Make a care package 11	say "good job!" 12	Give someone a flower 13	Say hi to someone 14	Volunteer 15	Write a nice letter 16	GIVE a hug 17	Color a picture for someone 18	Say "thank you" 19	Make a handmade gift 20	Leave a thank you note 21	Clean up without being asked 22	GIVE A COMPLIMENT 23	Let someone else go first 24	Say "I love you" 25
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<b>Spiritual</b>	2. Bake a Cake	Flour, butter, baking powder, salt, sugar, vanilla extract, milk, mixing bowl, whisk or hand mixer and cake pan	Follow the recipe instructions to bake a vanilla cake. Encourage children to help pour and mix ingredients in the bowl.	<a href="https://www.foodnetwork.com/recipes/food-network-kitchen/basic-vanilla-cake-recipe-2043654">https://www.foodnetwork.com/recipes/food-network-kitchen/basic-vanilla-cake-recipe-2043654</a>
<b>Learning Every Day (Bedtime)</b>	1. What Comes Next?	No materials needed	Before bedtime, give your child a time warning that bedtime will happen in 15 mins. Ask them to tell you the bedtime routine (ex. First put on pyjamas, then brush teeth, then go to the bathroom, then read a story, etc.).	
	2. Best Part of the Day	No materials needed	When in bed, have a short conversation about what was your child's favourite part of the day. Get them to describe it and ask why.	