

## Co-regulation Workshop Agenda

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**Meeting:** Early Learning Co-regulation Workshop  
**Session:** Role of the Educator in Co-Regulation  
**Date:** Thursday, April 22, 2021  
**Location:** Zoom Meeting  
**Time:** 9:00 a.m. – 12:00 p.m.

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- 9:00 a.m. Opening Prayer  
Introductions  
Elder Remarks - **Elder Dave Rundle, Ebb and Flow First Nation**  
Breakout Room Check-ins
- 9:30 a.m. **Susy Komishin, Partnerships Project Lead, MFNERC**  
**Jennifer Waytiuk, Early Learning Facilitator, MFNERC**  
Recap of Session 1: What is Co-Regulation?
- 9:45 a.m. Breakout Room 1 –Temperature check and share take away tasks.
- 9:55 a.m. **Debra Mayer, Early Childhood Education Consultant, Manitoba Education**  
Learning environment  
Classroom as the third teacher  
Environments to help children self-regulate  
Importance of play-based learning in self-regulation
- 10:10 a.m. Breakout 2 – Daily routine discussion
- 10:20 a.m. Health Break
- 10:35 a.m. **Jody Yerlitz, Early Learning Facilitator, MFNERC**  
Importance of knowing each child/observation
- 10:50 a.m. Breakout 3 – How do you observe and how often?
- 11:00 a.m. Assessment guide
- 11:05 a.m. **Dawn Flood, Early Learning Facilitator, MFNERC**  
Self-regulation is a journey
- 11:20 a.m. Breakout 4 – Main take away
- 11:30 a.m. Evaluations  
Wrap-up  
Elder Reflection - **Elder Dave Rundle, Ebb and Flow First Nation**  
Closing Prayer