

MENTAL HEALTH VIRTUAL SUMMER INSTITUTE
August 23 – 27, 2021



Journey to Wholistic Wellness

Time	Monday, August 23, 2021	Tuesday, August 24, 2021	Wednesday, August 25, 2021	Thursday, August 26, 2021	Friday, August 27, 2021
9:15 – 10:30	Opening Prayer (Elder) Opening Remarks: <ul style="list-style-type: none"> Lorna Prince, Director of Inclusive Education Don Shackel, Assistant Director of Inclusive Education Elder Teachings Elders Gertie and Bill Ballantyne	Intergenerational Effects of Trauma Derek Courchene, Training Institute Program Liaison Officer	How First Nations Games Can Help in the Journey to Wellness and Health Norbert Mercredi, Land-Based Physical Education Facilitator	Resiliency Vera Big George and Constance Murdock, Student Support Facilitators	Rainbow Resource Centre Michelle Sanderson, Student Support Facilitator
10:30 – 10:45	BREAK	BREAK	BREAK	BREAK	BREAK
10:45 – 12:00	<i>Session 1A</i> Stress and Emotional Regulation Emily Smith, Occupational Therapist and Jessica Finucane, School Psychologist	Intergenerational Effects of Trauma Derek Courchene, Training Institute Program Liaison Officer	<i>Session 3A</i> Mental Health Literacy Erin Paupanekis, School Psychologist	<i>Session 4A</i> Using Traditional Teachings in the Classroom to Promote Wellness Claudette Gardner and Gabrielle Peterson, Occupational Therapists	Closing Remarks: <ul style="list-style-type: none"> Lorna Prince, Director of Inclusive Education Don Shackel, Assistant Director of Inclusive Education Closing Prayer (Elder)
	<i>Session 1B</i> Hearing Loss and Student Well-Being Arden Brown and Andrea Richardson-Lipon, Educational Audiologists		<i>Session 3B</i> Teacher's as Role Models Jessie Thomas, Student Support Facilitator and Andy Thomas, Instructional Resource Researcher	<i>Session 4B</i> We Are All Connected Alberto Mansilla, Science and Educational Technology Facilitator and John McLean, Language/Technology Developer	
	<i>Session 1C</i> Responsive Classroom Meetings Jonathan Courchene, Student Support Facilitator		<i>Session 3C</i> Identifying and Responding to Distress Chantal Wiebe and Alex Holt, School Psychologists	<i>Session 4C</i> Grief and Loss Charisse Cyr and Beverly Kithithee, Student Support Facilitator	
12:00 – 1:00	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1:00 – 2:15	Exercise FUNdamentals during Covid-19 Joe Robertson and Jessica Slimmon, Physiotherapists	Elder Teachings Elders Gertie and Bill Ballantyne	Creating Trauma Sensitive Classrooms Nicole Buck and Brittany Klassen, School Psychologists	Self-Care Brandee Albert, Student Support Facilitator	See you again soon!